2023 Cultural Data

Arts for the Aging delivered 46% more therapeutic programs in 2023 than in the previous year. Our faculty of 28 teaching artists facilitated 506 visual, performing, and literary arts workshops with 40 client organizations at 66 locations reaching 1,234 older adults and caregivers with diverse abilities and backgrounds. We collaborated with 27 community partners to enhance and replicate our inclusive best practices in creative aging. We welcomed nine new teaching artists, staff, and trustees. As our reach increased, so did our mission’s positive impact on health and well-being.

Expansion of programs

- 458 In-person programs (↑ 91%)
- 48 Virtual programs (↓ 55%)
- 60 heART Kits (↑ 20%)
- 1,234 Older adults reached (↑ 63%)
- 252 Caregivers reached (↑ 70%)
- 7,893 Participant attendance (↑ 39%)
- 26 New client locations (↑ 65%)

Participant Age Range

- <60: 26
- 60-69: 365
- 70-79: 534
- 80-89: 102
- >90: 0

- 33 Artistic faculty (↑ 18%)
- 27 Community partners (↑ 246%)
- 45 Teaching artists trained (↑ 22%)
- 365 Training hours (↑ 35%)

- 93% of clients are satisfied with our programs
- 79% of participants experienced joy at the program
- 81% of participants expressed themselves creatively
- 69% of participants interacted with others
Geographic Reach

- 54% Montgomery County, MD
- 28% District of Columbia Wards 3, 4, 7, 8
- 5% Prince George's County, MD
- 5% Arlington County, VA
- 5% City of Alexandria, VA
- 5% District of Columbia Wards 3, 4, 7, 8
- 2% Fairfax County, VA
- 1% Other

Participant Demographics

Health Conditions
- Dementia (vascular, Lewy body, Alzheimer's disease, other) 30%
- Blind or low vision 9%
- Deaf or Hard-of-Hearing 15%
- Developmental disabilities 3%
- History of stroke/cerebrovascular accident 8%
- Other (chronic illness, Parkinson's, multiple sclerosis, mental illness) 18%
- Wheelchairs or mobility aids 51%

Race and Ethnicity
- Asian or of Asian descent 10%
- Black or of African descent 42%
- White or of European descent 48%
- Black or of African descent and Hispanic/Latino/a/x 13%
- White or of European descent and Hispanic/Latino/a/x 2%
- Asian and Hispanic/Latino/a/x 2%

Version 01192024